<u>HES.FIVETOWNS.NET</u> MARCH 31, 2023

The Hawk's Eye

Weekly News from Hope Elementary School



Integrated Studies - see page 2 for more!



BIG CONGRATS TO 7th GRADER, ADELAIDE L. WHO CAME IN 2ND PLACE IN THE STATE SPELLING BEE!!

Upcoming Events for Your Calendar

April 3rd - School pictures by Strawbridge Studios

April 3rd - HES Volunteer meeting (6:30PM)

April 7th - 8th Grade Dinner & Silent Auction (5:30-7:30PM)

April 10th - HES School Committee meeting (6PM) Zoom Link

April 11th - HES Board Game Night for grades 1-3 (5-6PM in the gym)

April 14th - Early release @ 11:30AM for staff & students

April 17th-21st - No school (Spring Break)

May 4th - Early release (11:30AM) Parent-Teacher conferences

May 29th - Memorial Day

June 1st - K-4 Spring Concert (6PM)

June 8th - 5-8 Spring Concert (6PM)

We have used four snow days so far this school year.



"Strive not to be a success, but rather to be of value."
- anonymous



The HES Pre-K is now accepting applications for fall enrollment. Please register students using the following link: 2023-24 Registration





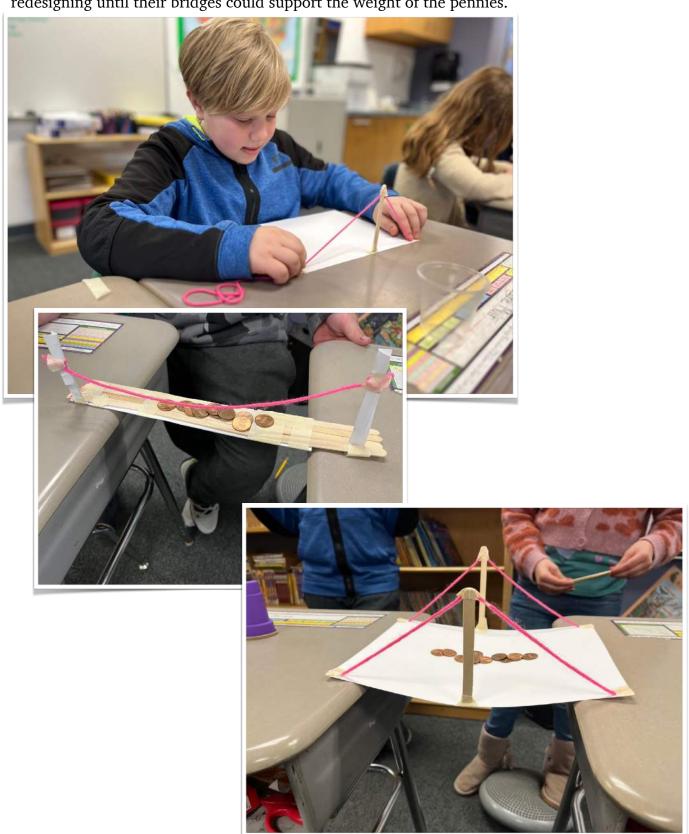
Spring Pictures April 3rd

We are trying a new school picture company. This spring will be a trial run so we can be ready to go with pictures in the fall. All students will be photographed, and a proof or portrait package will be sent home from the school with ordering information in 3-4 weeks. No money is needed on picture day.

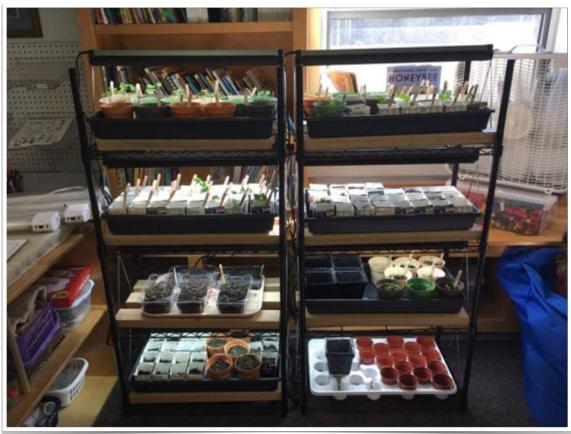


Order yearbooks online while supplies last: ybpay.lifetouch.com Code: 3239823 Cost: \$15

During **Integrated Studies**, **3rd**, **4th**, and **5th** graders were challenged to build a bridge that could support the weight of 10 pennies. They practiced the scientific process of building, testing, and redesigning until their bridges could support the weight of the pennies.



Thank you to Home Depot for providing us with seeds and grow lights. Big and little buddies planted seedlings which we hope to plant in new garden beds this spring.



Garden Committee News

The HES Garden Committee is looking for donations of the following items as they work toward creating raised beds and school gardens that beautify our school, provide for healthy options in the cafeteria and provide outdoor learning opportunities for students at all grade levels.

- 2 x 10 x 8 boards to make raised beds (any number would help we need 25 in all)
- · landscaping cloth
- · bags of soil
- two spades
- two rakes
- hoses
- garden trowels
- water sprinkler with a timer
- · compost bin that rotates/turns
- 4-6" pots
- · bark mulch
- a strong individual to remove a prickly bush from the front garden.

Please contact Ms. Benner at debra.benner@fivetowns.net if you can help!



1st Grade News

First grade students just finished a bird unit. They researched a bird and wrote a riddle that they shared with their friends.



Thank you to the Hope Fire Dept. for hosting our middle school students this week for fire safety training!





Hope Elementary School Menu

APRIL 2023

	FRIDAY	THURSDAY		WEDNESDAY	TUESDAY	MONDAY
		6	5		4	3
	Cheese Pizza Fruit/Veggies/Milk	Spaghetti w/Bread Stick Fruit/Veggies/Milk		Breakfast Pizza Fruit/Veggies/Milk	Pepperoni & Cheese Stromboli Fruit/Veggies/Milk	Hot Dogs w/Fries Fruit/Veggies/Milk
	B: Scones	B: Muffins		B: Cereal Bars	B: Fruit & Yogurt Parfait	B: Cereal
14	EARLY RELASE: 11:30AM	13	12		11	10
	Chicken Noodle Sou Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk		Turkey & Cheese Wrap Fruit/Veggies/Milk	Beef Chili Fruit/Veggies/Milk	Cheeseburgers w/Chips Fruit/Veggies/Milk
	B: Cinnamon Rolls	B: Cereal Bars		B: Cereal	B: Muffins	B: Fruit Salad
		20	19		18	17
	NO SCHOOL	NO SCHOOL		NO SCHOOL	NO SCHOOL	NO SCHOOL
:		27	26		25	24
	Pepperoni Pizza Fruit/Veggies/Milk	Chicken Caesar Wrap Fruit/Veggies/Milk		Beef Tacos Fruit/Veggies/Milk	Chicken & Broccoli Stromboli Fruit/Veggies/Milk	Crispy Chicken Sandwich Fruit/Veggies/Milk
	B: Cereal	B: Cinnamon Rolls		B: Cereal Bars	B: Muffins	B: Fruit Salad

Student meals are free.
Milk without a meal is \$.40
Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:

Hope Elementary School

https://kl2paymentcenter.com



HAL BASEBALL REGISTRATION

<u>HAL Baseball</u> is offered to boys from the Hope, Appleton, and Lincolnville Schools in grades 6-8 who are interested in interscholastic competition. Preference is given to 7th and 8th graders in years where large numbers of participants make it unmanageable to successfully include all who wish to play. LCS hosts the Baseball signups, HES hosts the Softball signups.

HES SOFTBALL REGISTRATION

<u>Softball registration</u> is now open to students in grades 6-8. Please use the link below to register. This is a combined team with students from Hope, Appleton, and Lincolnville. Players must have a current physical form on file (no older than two years) to participate in practices and games. The physical form can be found here. Parents must register through <u>this GoogleForm</u>.

We will be using TeamReach, a mobile team app for communication. All registered parents will be invited to join TeamReach. If you choose not to use TeamReach, let us know and we will find an alternate way to inform you of schedules, information, etc. A game schedule will also be posted on our website soon.

We look forward to seeing you on the field!

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Five Town CSD Adult & Community Education provides workforce training, high school completion, college support, and enrichment classes to Maine's midcoast area all throughout the year, with hundreds of classes featured in our fall and winter-spring brochures. This includes a few classes in the summer, too!

NEW this summer are two summer Sewing Camps for Kids. These four-day morning camps are perfect for the child aged 10-13 who'd like to learn to sew.

College bound soon? We offer a wide array of support including math, writing, and study skills. We also continue to offer a wide range of workforce classes which can be taken from home on a flexible schedule.

Visit our website at www.fivetowns.maineadulted.org or give us a call at 236-7803.





SUMMER 2023

ADVENTURE DAY CAMP A dynamic and active day-camp focused on

building ecological awareness, leadership, and team through the technical skills of hiking and paddling. Come get outside make new friends and explore the best the Midcoast has to offer!

for rising 5th-7th graders June 27-30

SESSION 2 for rising 6th-8th graders July 18-21

for rising 1st-3rd graders June 27-30 SESSION 2: rising 2nd-4th graders

July 10-13

EXPLORER'S CLUB DAY CAMP

A nature-based day-camp for young children fostering connection with ourselves, others, and the natural world through outdoor science, art, music and play! Our curiosities will lead the way to new learning, friendships, and so much fun!





Sea kayak through the most unique pockets of the Maine coastline! Our adventures will be punctuated by evening explorations of the night sky! We will learn technical skills on sea kayaks cean navigation, and camp craft, as well as build our team and leadership skills

for rising 8th & 9th July 8th - 12th

for rising 9th-11th

August 7th - 12th

Backpack through the rugged and remote Maine wilderness! Leaving our screens behind, we will our wilderness survival skills, learn local ecology

MAINE BACKPACKING &



and tune into each other and our surroundings INFO & REGISTRATION: www.mountainseaexp.com

APRIL 11th 5-6PM Board Game



YOUTH ARTS ART SWAP

Your art in storage is another's Picasso.

Join us for the First Annual Youth Arts Art Swap & help support art in schools.

Donate or consign artwork from your collection. Purchase new pieces to adorn your walls.

April 29th, 9 AM - 3 PM Atlantic Academy 10 Knowlton Street (the former Teen Center) Camden

> DONATION DROP OFF ON FRIDAY BETWEEN 3:00 PM AND 7:00 PM ON APRIL 28TH, ATLANTIC ACADEMY



March 2023 Youth Programs

Sign up for Creative Art
Afternoons for March! This is for
school age kids! Thursdays at
4pm in the Picker Room.
Mar. 2nd Pom-pom Party
Mar. 9th Name Sculptures
Mar. 16th Paper Cubes
Mar. 23rd Squash Books

Come Play at our ART Petting Zoo!

March 15th 12-5pm Try the tools!

Embossers, Rubber Stamps, Punches, A DieCut machine, Clay Roller, & more. Bring
your own papers & use the tools to create
your own fodder to use on cards, in
journals, in ART projects etc.

Maine Student Book
Award Club
4th-8th graders who love
reading & want to share
with peers are welcome to
join our monthly meeting
here at the library.
Monday, March 6th,
5pm. Email
alhand@librarycamden.org
to Join any time!



Like the Camden Public Library Facebook pg.

Miss Amy Hand @CPL





Miss_Amy_H



Join Miss Amy for storytimes!
Wednesdays at 10am:
Booktime for Babies -Stories & songs for your little ones!
We'll be outside as long as weather permits. Bundle up and bring something to sit on. In inclement weather we'll move inside.

Preschool Storytimes are inside.

Thursdays & Fridays at 10am for preschool -early elem. themed stories & book extension crafts.

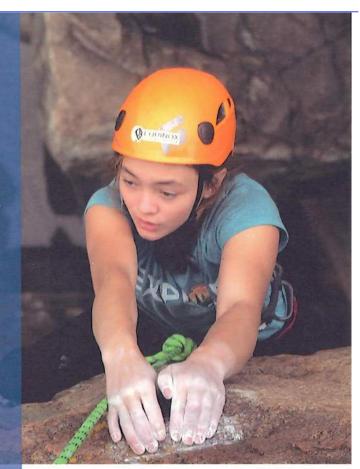
Womens History Month

an accordion book before, or make one in our hands-on workshop, you too are invited to enter one into our 2nd Annual Accordion Book Art Show

Teen Accordion Book
Workshop Email to sign up.
4:30-5:30 Friday
March 17th

Rock Climbing Summer Camps

Equinox Guiding Service is excited to announce that our Rock Climbing Summer Camps are open for enrollment! Now offering full-day sessions for kids ages 10 to 15 years old, space is limited so be sure to reserve your spot today!



Rock Climbing is a fun and exhilarating sport that continues to grow in popularity. The many benefits it offers both physically and mentally, make it the perfect summer activity to get your kids off the couch and outside for some fresh air!

The Benefits of Rock Climbing for Kids
The movement of climbing can feel surprisingly
natural, especially for kids. It engages the arms,
legs, and core muscles while improving balance
and flexibility, making it an excellent form of
exercise. The wide range of climbing routes to
choose from at Camden Hills provides a variety of
challenges suitable for everyone, regardless of
their athletic abilities.

Reach New Heights With Our Rock Summer Camps

EquinoxClimbing.com

Equinox Guiding Service +1 (207) 619-3957



